

Women's Club

NEWSLETTER



UNIVERSITY OF MINNESOTA WOMEN'S CLUB  Educational, cultural, recreational, and leadership opportunities for all ages

January-February 2020 · No. 289

Conversation with a Woman Leader The Student Parent HELP Center: Fifty years of raising families out of poverty, one mother, one father, one degree at a time

Please join us on February 11 for our next Conversation with a Woman Leader. Our speaker is Susan Warfield, program director for the University of Minnesota's Student Parent HELP Center (SPHC). Founded in 1967, the SPCH's mission is to assist students who are parents navigate the many challenges associated with earning a college degree. It is the longest-standing student parent program in the nation, serving not only parents but also adoptive siblings and other relatives.

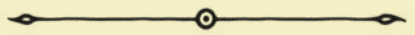
Warfield is a licensed clinical social worker with 20 years of experience working with student parents and other underrepresented populations at the University of Minnesota. She has an additional 20 years working with children and families in Colorado and the San Francisco Bay Area.

Beginning her social work career in the public K-12 school system, she spent seven years working in diverse, urban, low-income neighborhoods. A proud first generation college attendee, she earned her degrees at the University of Denver and the University of California at Berkeley.



Board meeting scheduled for February 11

The UMWC board of directors will meet Tuesday, February 11, at Becketwood, 4300 West River Parkway in Minneapolis. The meeting begins at 10 a.m., with coffee and tea available at 9:30. All club members are welcome to attend.



Meeting At a Glance

Conversation with a Woman Leader
Noon, Tuesday, Feb. 11

Speaker

Susan Warfield, MSW, LICSW,
Director, University of Minnesota
Student Parent HELP Center, Office
of Student Affairs

Location

Becketwood
4300 West River Parkway,
Minneapolis

Parking

Limited parking is available in
the south lot, along the
entrance road or 46th St.
Carpool if possible.

Menu

Mixed greens with strawberries,
almonds, goat cheese and balsamic
dressing, balsamic braised short
ribs, parmesan redskin mashed
potatoes, bacon mushroom green
beans, warm honey toasted pound
cake with citrus mascarpone cream
and maple apricot slice, vegetarian
option: brown butter sage butternut
squash ravioli with cream sauce
and balsamic glaze
Coffee, tea, milk

Cost: \$23

Reservation Deadline

Monday, Feb. 3

Please send in the reservation form
you will find in your 2019-2020
directory or on the UMWC website.
Make your check payable to UMWC
and send to Jane LaFroth, 2499 N.
Albert St., Roseville, MN 55113

Questions?

Please call Jane LaFroth.



President's Message: Building on our success

As an active member and participant in your University of Minnesota Women's Club, you already know it's a great place to connect, learn, play and thrive.



We are successful because of you and your social and financial participation in the mission of our organization. How powerful is the realization that because of you, minds are shaped that could well affect the future of our world?

Fact: Through your donation to undergraduate education minds are shaped and lives are changed.

I am delighted to be able to address you personally because you play a key role in what we do and how we do it at the University of Minnesota Women's

Club. You are our ambassadors and representatives. You have an impact on how we as an organization function.

We have enjoyed record attendance at all of our fall events. We also are recording blockbuster attendance at section meetings. A wave and a "hats off to thee" to those who have done the heavy lifting to create such a well-received club agenda.

If we are to embrace and grow the legacy of our stewardship and success, we will need every member to share her responsibilities in our mission. Recently we have been implementing our plan to simplify and streamline board meetings and board member responsibilities. The president, along with the president-elect and the immediate past president, have enjoyed a new, more efficient working relationship that has helped restore a reasonable balance to the duties of the president and the president-elect. We also have been able to successfully conduct the business of our organization at one-hour board meetings.

The nominating committee is actively seeking people for elected office in our organization. What can you do for the University of Minnesota Women's Club?

Members learn about Fulbright Program

A sizeable crowd of 104 members and guests attended our first Conversation with a Woman Leader featuring Mary Ellen Schmider, Ph.D., who reflected on her years of international educational advocacy. Among the attendees (pictured from left) were Mary Swanson, Ingrid Lund, Judy McConnell and Tatiana Nawrocki. Also pictured from left are Susan Ryan, Roz Anderson, Betty Stein, Pat Kirchner and Liz Grimmer.



Deadline for March-April newsletter is February 7

The deadline for our next newsletter is February 7, 2020. Please submit articles, information and photos to Nancy Kluver, newsletter editor, at kluver.nancy@gmail.com.

Anticipating an outstanding 2020

With the holidays behind us, UMWC members look forward to a 2020 filled with fun and purpose.

One of our most cherished traditions is the member art show, scheduled for April 3 – June 4 at Becketwood.

“We have had 27 UMWC art shows, reflecting the diversity within our community,” said Jane LaFroth, a member of the programs standing committee. “Our artists express their values and ideas through their art in watercolor, oil, acrylic, woodcuts and photography. Our U of M scholarship recipients also are included in the show.”

Another widely anticipated event is the new member coffee.

“We are delighted to announce that the new member coffee will be held on April 29 from 10 a.m. to 11:30 a.m.,” said Joy Chaput, membership chair. “We are honored to be hosted at Eastcliff again this year, and we look forward to an appearance by President Gabel.” Invitations will be sent out in early April.



So many opportunities exist for both new and existing members to meet new people, connect with old friends and become involved in the club. Our special interest sections have a busy season ahead, with visits to art galleries, bridge games, books to read and discuss and

trips to the movies, tea houses and symphony. The Around the Campus group (pictured here) travels to interesting venues on campus. The Hikers are on the move winter or summer, walking indoors—from the Mall of America to the Minneapolis Institute of Art to the Minneapolis skyway system—until the middle of March. Joining our special interest sections is your best bet for embracing the club.

Most important, 2020 offers another chance to support undergraduate women at the University of Minnesota with your scholarship donation. As you see in this issue, we lead the Big 10 for scholarship donations. You will continue to meet more impressive scholarship winners in our Online Extra feature. Our scholarship recipients are truly grateful

for our support and illustrate better than anything that members of the UMWC are women with a purpose.

UMWC leads Big 10 women’s clubs

With the arrival of the annual scholarship appeal letter, scholarship gifts began to roll in. At the end of the year, we had 148 gifts, totaling \$47,482 or more than \$5,000 more than we had at the end of 2018. Included in this figure is President Gabel’s generous \$1,395 gift for catering costs for the Holiday Tea and Hospital Benefit.

At this time, we have six paid \$3,500 one-year named scholarships and pledges for four more. Once again, many gifts are made through Fidelity Charitable Programs, sometimes called donor-advisor funds.

The UMWC leads the Big 10 women’s clubs in the number of scholarships awarded and the dollar size of our program. Congratulations, members, for so generously supporting the UMWC mission of awarding scholarships to undergraduate students needing financial help to realize their educational goals. Thank you from all elements!

— *Marian Champlin, UMWC VP for Fundraising*

In remembrance

UMWC members were saddened to learn of the November death of John Tester, husband of Joyce Tester. John was a pioneering ecologist at the University of Minnesota. A celebration of his life is scheduled for 3 p.m., Saturday, January 11, 2020, at the American Swedish Institute.

Memorial gifts

For John Tester by UMWC

For Joan Nugent by Marian and Keith Champlin

For Walter “Cork” Johnson by Rolaine Wright

For Mary Ellen Johnson by Anonymous

You may be a winner

Bring a guest and be our guest. When you bring a guest to one of our luncheons, your name will be automatically entered into a drawing that day to receive a complimentary lunch for one of our yearly events. Bring a potential new member — a neighbor, friend or relative — and you may be a winner.

Holiday Tea is enjoyable and successful

Some 90 members and guests enjoyed our annual Holiday Tea and Hospital Benefit in December at

delivered to the Children's Hospital. Claire Stolee, a very dedicated volunteer at the hospital, greeted

Dorothy and Fred with a large cart to receive the toys. Parents of hospitalized children are allowed to choose five gifts for their hospitalized child as well as five gifts for each sibling of the patient.

"What a blessing that must be for the parents who have been so involved with their ill child that they haven't had time to shop for gifts," said Dorothy Waltz. It's a satisfying reminder that UMWC makes a meaningful impact during the holiday season.

We extend a sincere thank you to everyone who donated toys or contributed money and to President Gabel for her hospitality.



Eastcliff. A lovely buffet, holiday music beautifully played on the Eastcliff grand piano by member Janet Graves, and the stately mansion itself decorated for the holidays were all part of the experience.

Featured in the photos are President-Elect Georgia Heisserer (left) and Dorothy Waltz at the Holiday Tea and Fred Waltz (left) and Claire Stolee at Children's Hospital.

Kate Stuckert, University of Minnesota senior assistant to the president, brought greetings from President Gabel, who generously paid for catering costs. UMWC President Barb Swadburg provided an interesting history of Eastcliff and information about the artwork lining the walls.

Most important, we collected \$750 in cash and checks for the Children's Health Initiative Fund, which is almost twice as much as we collected last year. Members also provided unwrapped toys, books, craft kits and Lego sets, which Dorothy and Fred Waltz



Section News

Art group has busy fall



Members of the **Art** section in October met at Dan Mackerman Studio in Lauderdale for a tour of the studio and to listen to the artist describe his art, which includes paintings and sculpture. In addition to his work as a painter, Mackerman was lead sculptor for the Dayton's/Macy's exhibits for 16 years.

In November, the group met at Weinstein Hammons Gallery in Minneapolis, where they saw many unique black and white photographs by Sanle Sory, who lives in Bobo-Dioulasso, a city in the West African country of Burkina Faso. The Minneapolis Institute of Art has purchased several of Sory's photographs for its permanent collection.



Hikers overnight scheduled for Mille Lacs Lake

The **Hikers** will travel to Mille Lacs Lake and Kathio State Park, only two hours north of the Twin Cities, for their 2020 overnight trip September 14-

16. The group will stay at the newly remodeled Eddy's Resort, a lovely smoke-free facility on the lake, where organizers have reserved a block of 40 rooms at very good rates. Seventeen rooms are lake view and can be reserved on a first-come, first-served basis.

Organizers have planned several hikes along the shore of the lake and within Kathio State Park. A boat ride and tour of the Mille Lacs Lake Indian Museum and Trading Post are on the agenda as well as happy hours and cards and games in the evening. For complete information, contact Abby Marier at absma@comcast.net or Carol Lowe at lowejc@usfamily.net.



Nature group gets a taste of the future

In October, the **Nature** section's program "Breeding Apples at the U of M" at the Apple House horticulture research center was a great success,



according to co-chair Diane Schweizer. The group enjoyed sampling new varieties of apples, which we all can look forward to eating in the future, and came home with large bags of Minnesota apples.

In November, the group heard Kenny Blumenfeld, Ph.D., discuss "Understanding Minnesota's Changing Environment" with a large group of individuals very interested in our environment.

UMWC Online Extra Feature Story
Ready to help as many animals and people as she can

Caitlyn Haugo has always known she wanted to be a veterinarian. The University of Minnesota sophomore grew up in the small Minnesota community of Almelund with a variety of animals, including conventional pets such as dogs and cats, but also pigs and chickens. “Once I realized that a vet was someone who gets to work with dogs, I knew it was for me,” she said.



Majoring in animal science, with an emphasis in pre-veterinary studies, Haugo’s goal is clear. “I hope to become a mixed veterinarian who owns and operates my own clinic to help as many animals, pets and owners as I can,” she wrote in a gracious thank you letter published as part of the University of Minnesota Women’s Club scholarship luncheon program. Haugo received this year’s The Cheers Two Animal Husbandry/Vet Medicine Scholarship.

If focus and hard work are indications of success, she is well on her way to reaching her goal. In high school, she took animal science courses, participated in trapshooting and was involved in FFA, where she was an officer during her senior year. “In FFA, I participated in the small animal science competitions and tended to do well individually as well as with my team,” she wrote.

Haugo also works at the North Branch Veterinary Hospital when she is home in Almelund. She started as a kennel assistant and soon took on larger responsibilities.

At the University, Haugo participates in the Fostering Education and Training Canines in Housing (FETCH) program. Students who qualify for the program live in four-person, two-bedroom suites in Bailey Hall on the St. Paul campus, where they provide short-term fostering and training for dogs slated to become service animals. Her dog Elena, who accompanied her to our interview, lived with Haugo and her roommate in their suite until Elena went on to finish her training at the end of the semester.

Bidding farewell to the dogs after their college stay is difficult but eased by the realization that the dogs

have an important purpose. Haugo and her roommate proudly watched their previous dog, Vintage, graduate last year. A bit of a challenge to train, Vintage “now has a human and will do great things,” Haugo said. She knows that Elena, who was on her best behavior during our interview, will do just as well or better.

While taking advantage of every opportunity to gain experience with animals, which also includes working at the University’s Equine Center, Haugo has no illusions about the difficulties ahead. “Vet school is more competitive than medical school,” she said, in part

because of the smaller number of institutions. She is planning to apply for the Veterinary Food Animal Scholars Track—or VetFAST—an early admission program for the University’s veterinarian school. She wants to finish her four-year undergraduate degree and then complete four years of vet school, preferably at Minnesota if she is accepted. If she specializes in a particular field of veterinary science, she will have an additional two years of school.

None of it is inexpensive, a point she eloquently made in her thank you note to the UMWC. “Paying for college may be a great burden for some, but your generous scholarship has lessened that burden and we [my parents and I] are immensely grateful. Haugo also is a Land Grant Legacy Scholar and a President’s Emerging Scholar.

Looking ahead, she’s considering options such as joining the National Guard to help finance her education. “I’d like to serve the country but also get the education benefits,” she said. In a similar vein—but for no financial benefit—she has started training to become a volunteer firefighter in her hometown and persuaded her 18-year-old brother to do the same.

A combination of online course work and hands-on training is in store but she is eager to do her part. In fact, she delightfully tells of participating in a hometown parade dressed in full firefighter gear—before she fought her first fire.

“If I’m home I can answer the call,” Haugo said of her volunteer work with the fire department, which will “be a nice thing to do during the summer.”

That kind of dedication—to people as well as animals—will no doubt serve her well.

Women's Club

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Don't miss UMWC Online Extra

Please go to our website to meet Caitlyn Haugo, an impressive scholarship recipient and U of M sophomore working to become a veterinarian. Her story illustrates the importance of our mission. You will find the article as an added feature to the online version of our newsletter.



Welcome new members

We are delighted to announce that nine women have joined the University of Minnesota Women's Club over the last few months. Please welcome them and introduce yourselves when you see them at meetings.

New members are Paula Beck, Robyn Hansen, Laurie Kruempel, Janice Morlock, Lucy Sameluk, Catherine Schwen, Kay Swanson, Jessica Waller and Betty Stein.

We also have had some directory changes. Linda Riihiluoma, Nancy Lindahl and Ellie Meade have new phone numbers. Bonnie Lewis, Joan Rathbun, Ruth Jones and Jane Bardon have new e-mail addresses. Holly Martin and Constance Van Valkenburg have new addresses. Marlys Giesecke has a new address and a new phone number.

For new member contact information and/or changes to the directory, please contact Nancy Myers.

— Nancy Myers, Records and Dues Officer