

Women's Club

NEWSLETTER



UNIVERSITY OF MINNESOTA WOMEN'S CLUB Educational, cultural, recreational, and leadership opportunities for all ages

Conversation with a Woman Leader: A Force for Peace

Please join us Tuesday, November 12, for our first Conversation with a Woman Leader luncheon of the season to hear Mary Ellen Schmider, Ph. D., President, Fulbright Association, reflect on her many years of international educational advocacy. Her presentation "Fulbright: Educational and Cultural Exchange, a Lasting Legacy: Post World War II Rebuilding for Peace" details the impressive impact of the Fulbright Program, whose international-exchange program is recognized as a force for peace.



Dr. Schmider has spent much of the last decade serving the Fulbright Association. She served as interim director in 2012 and 2016 as search committees sought permanent leadership for the national office. Most of

Continued on next page

Holiday Tea and Hospital Benefit

Tuesday, Dec. 10, 1:30–3 p.m.

Eastcliff, 176 North Mississippi River Boulevard, St. Paul

Everyone is invited to the annual Holiday Tea and Hospital Benefit. This is a chance to celebrate the winter holiday season with other members and guests and share some of our holiday spirit with those who are hospitalized at the University Medical Center. Please bring an unwrapped gift or cash donation to be used to buy gifts. (Checks should be made payable to UMWC Holiday Benefit Tea.)

To attend, please send the reservation form in your directory or on the UMWC website, along with your check for \$15, payable to UMWC. Questions? Please call Barbara Cady.

November-December 2019 · No. 288

Meeting At a Glance

Conversation with a Woman Leader
Noon, Tuesday, Nov. 12

Speaker

Mary Ellen Schmider, Ph.D.,
President, Fulbright Association

Location

Becketwood
4300 West River Parkway,
Minneapolis

Parking

Limited parking is available in
the south lot, along the
entrance road or 46th St.
Carpool if possible.

Menu

Spinach green apple salad with
cider vinaigrette, roasted duck
breast with cherry port sauce, fresh
herb fingerling potatoes, herb
roasted root vegetables, caramel
apple snicker doodle; vegetarian
option: brown butter sage butternut
ravioli with cream sauce and
balsamic glaze
Coffee, tea, milk

Cost: \$23

Reservation Deadline

Monday, Nov. 4

Please send in the reservation form
you will find in your 2019-2020
directory or on the UMWC website.
Make your check payable to UMWC
and send to Marilyn Olson, 17284
Tilia Ridge, Eden Prairie, MN 55347

Questions?

Please call Marilyn Olson.

President's Message: As we gather together

We began our year with the annual Fall Welcome and Scholarship Luncheon on Oct. 1. It really is the event of the year, where we celebrate our success and validate our purpose by honoring the University of Minnesota Women's Club scholarship recipients. We kicked it off with a record number of members and guests in attendance.

It was a time of celebration as we brought together our family of member donors and student scholars. We are a group of women who by definition believe in the value of education. Article 2 of our bylaws tells the world that we pledge to provide support to Minnesota undergraduate women through scholarships at the University of Minnesota. By pooling monetary and in-kind gifts, we have made good on our pledge to support undergraduate women students.

Conversation with a Woman Leader, continued

the other years she served on the executive committee of the board of directors.

She led the conference in London in 2012: "Fulbrighters Minding the Gaps and Bridging Them." In 2016, the 70th anniversary of the Fulbright Program was celebrated with a serious look at the challenges ahead at the largest national conference to date. She partnered with Cultural Heritage without Borders to plan the first three service corps travel opportunities in the Balkans; engaged with the International Fulbright Commission leadership in the development of advocacy as a major initiative of the association; and in the last three J. William Fulbright Prize for International Understanding events, she has overseen the work of the international selection committees.

In 2019, she had the distinct honor of awarding the Fulbright Prize to German Chancellor Angela Merkel in Berlin, an experience she describes as "a high point of my life."

Her background in academic administration and teaching led to emerita status as Graduate Dean and Research Officer at Minnesota State University Moorhead. Currently, she teaches online as an adjunct full professor in American History and Women's Studies for the University of Maryland University College.

I read an article not long ago that compared the annual cycle of philanthropic nonprofits to the life cycle of a garden. There is growth, harvest and replanting and then growth and harvest again. The article went on to say that the human experience, like the experience of the garden, confirms the truth that there must be constant renewal and constant effort for growth to take place. That cycle of the garden seems to me to be a good metaphor for what has been happening here with the University of Minnesota Women's Club. We had a great year and now are starting anew. Please join me in reaffirming our commitment to the goals of our organization.

To quote Nelson Mandela, "Education is the most powerful weapon which you can use to change the world."

We are successful in so many ways. Join me as I shout it out, "Minnesota women hats off to thee!"

Barbara Swadburg

Congratulations Scholarship Winners!



Committee Chair Georgia Nygaard (back row, far right) joined scholarship recipients at the Fall Welcome and Scholarship Luncheon, a successful event, according to Nygaard. "Our scholarship recipients were very enthusiastic and gracious as they introduced themselves and shared their future plans," she said. "Our members commented on the joy of meeting them and getting a glimpse of college life today."

Correction: The printed copy of the September-October newsletter incorrectly listed the price of the docent-led Art in Bloom tour that the **Art** group is planning at the Minneapolis Institute of Art on Thursday, April 23. The correct price is \$5 per person, with space limited to 30 people. Contact Marilyn Olson or Liz Grimmer.

Scholarship donors meet recipients at scholarship luncheon

Everyone at the October scholarship luncheon was pleased to meet and hear from many of the recipients who are so appreciative of UMWC scholarship assistance this year. But some of the most excited UMWC members were the donors of One-year Named Scholarships, who were able to meet the students who received their scholarships. Lots of hugging and high-fiving ensued as the pairs got to know each other.

Of the 45 students who received UMWC scholarships this year, 15 of them were awarded One-year Named Scholarships. Seven of these students were able to attend the luncheon and to meet their benefactors. (See photos on this page)

As usual, the scholars, their poise and their ambitions had the audience spellbound. The day's program ended with many members staying afterwards to talk together and meet the young scholars.

The fundraising committee includes Vice President for Fundraising Marian Champlin, Ginny Hanson, Susan Hopp, Pat Luhmann and Marcie Wallace. Janet Graves, whose



student, Heather Stimac, received Graves' *Ella Goehring Steinberg Music* scholarships two years in a row, said, "UMWC's One-year Named Scholarship has given me the opportunity to help Heather achieve her goal in the field of music. Music has given such joy to my life, and with UMWC I have been able to share that joy in many ways."

Mary Glaeser (upper right) named her scholarship *The Theodore Arnold Johnson, Jr. Scholarship* for her brother (lower right). As they met her student recipient, Megan Peterson, and her mother, Dana, Glaeser explained, "In my last quarter at the University of Minnesota School of Nursing Master's Program, I applied for and received a district nursing

association scholarship, and it enabled me to graduate without debt. I will forever be grateful for that assistance, and I am happy to support undergraduate women students through the UMWC."



Pat Luhmann, past UMWC Treasurer, met her student, Socheata Cheat, who received

Luhmann's *Alvin & Fern Luhmann Scholarship*.

Luhmann said, "Our parents and in-laws were inspirational role models who fully engaged in purpose-filled lives. It's our privilege to honor them with this scholarship gift in remembrance of their lifelong gifts to us. Their generous and supportive spirits live on."



UMWC past president Maggie Hoover (left) enjoyed lunch with her student, Amina Hussein (right), and another UMWC scholarship recipient, Eliza Warneke. Hoover is excited and gratified that her scholarship, *The Charles S. Maron STEM Scholarship*, will assist a young woman who is majoring in genetics/cell biology and who, one day, may well be in a life-saving profession.

IDEA: Make a scholarship gift from an IRA or 401K

As you ponder your response to the annual appeal letter you will soon be receiving, you might want to consider making a gift from your IRA funds. If you still have distributions to make this year, you can make a gift *and* your withdrawal will not be taxed.

Here's how it works. For those of us who are 70½ or older, the law requires us to take a minimum distribution from our IRA funds every year and pay taxes on them. But that law also allows individuals to give up to \$100,000 from an IRA **directly** to qualified charities without paying federal income tax on the distribution. The amount transferred counts toward your annual required minimum distribution, thus lowering your tax bill. To make such donations, contact your IRA plan administrator and request a *Direct Qualified*

Charitable Distribution from your IRA account to the charities of your choice. (It is important to not withdraw the funds yourself before making a gift.)

Have the plan administrator send your donation to:

University of Minnesota Women's Club Scholarship Fund

Tax ID number: 51-0190183

Attn: Sandy Gale, 1765 Yorkshire Ave, St. Paul, MN 55116

— *Marian Champlin*, UMWC Fundraising V.P.



Wondering what to buy for the Children's Hospital patients?

Every year, the Children's Hospital receives a flurry of donations during the holidays from dedicated and generous families and organizations.

Due to concerns about possible infections, they can only accept **new**, unwrapped toys, books, clothes and crafts in their original packaging, preferably in plastic bags directly from the store. They cannot accept used items.

What items are most needed? Pediatric patients love age-appropriate toys and games. Here is a list of gifts that are especially popular:

Infants and toddlers: Rattles, light-up and sound toys, links and plastic rings, O-balls and infant kick-and-play crib toys.

Preschool and school-age patients: Thomas & Friends trains (die-cast style), Paw Patrol toys and Lego kits.

Teens: Lego kits, headphones, slippers and slipper socks, Burt's Bees kits and Minnesota sports team apparel.

Books: Baby board books, books with princess themes, books with superhero themes and the very latest in young adult fiction.

If it's easier for you to donate money, please bring cash or a check made out to UMWC Holiday Benefit Tea. These gifts support patient and family programming at the hospital, including the supplies for their Holiday Family Gift Giving.

If you're unable to attend the Holiday Tea, but still wish to donate, please contact Dorothy Waltz at 651-917-0930 or waltz.ds@yahoo.com. We'll try to arrange pick up for gifts, and you can mail your checks to Dorothy.

Memorial gifts to the UMWC scholarship fund through Oct. 10, 2019

- ▶ For Lois Anderson by Janet Bonin
- ▶ For Robert Christensen by JoAnne Christensen
- ▶ For Walter "Cork" Johnson by UMWC
- ▶ For Vandora Linck by Helen Carlson and Ardella Norenberg
- ▶ For Eva Nelson by Carol Nelson
- ▶ For Bill Rathbun by Joan Rathbun
- ▶ For Marian Raup by Abby Marier
- ▶ For Robert Roelofs, MD by Patricia Roelofs
- ▶ For Gerhard Weiss by UMWC

Your annual appeal letter is on its way

Please watch for our annual appeal letter inviting you to make a difference in the lives of the U of M women we will support in attaining their educational goals. Enjoy reading the story of one of our current scholarship recipients and consider contributing to the scholarships that will mean so much to so many other students. Every gift matters!

Section News



Out to Tea members spent a delightful day Oct. 2 at the LeDuc Estate in Hastings. Not only were the tea, food and conversation excellent, the tour was outstanding with many interesting facts about this historic Minnesota home. Thanks to Gwen Williams for organizing.



The **Hikers** enjoyed their annual overnight trip in September, this time traveling to Bayfield, Wis., and the Apostle Islands. The group had a number of hiking options, including trails in and around Bayfield and Madeline Island. Part of the group is shown above, including (left to right) Nancy Myers, Liz Grimmer, Ginny Mahlum, Barb Gilmore, Marilyn Olson and Sharon Fields.

Deadline for the January-February UMWC Newsletter

The deadline for our next newsletter is Dec. 16, 2019. Please submit articles or information to Nancy Kluver, newsletter editor, at kluver.nancy@gmail.com.

Nominating committee named

Our new nominating committee has been established, with Ruth Jones as chair and committee members Maggie Hoover and Georgia Nygaard. President Barbara Swadburg and President-elect Georgia Heisserer also are members as required by our bylaws.

Attention new members

We will have a new member table at all luncheons. We ask that new members call and reserve a spot at President-elect Georgia Heisserer's table if they wish to join her group. Please call Georgia Heisserer directly.

Please note

If you send your contributions to the UMWC through a donor-advised fund, please be aware that the mailing address has changed. If your contribution goes to the former address, we will still get your contribution but it will take longer to be processed. The current address is: Sandy Gale, UMWC, 1765 Yorkshire Ave., St. Paul, MN 55116.

Something to consider

To ensure the privacy of our members, please consider shredding your outdated directories instead of putting them in recycling or trash.

Looking for photos

Our UMWC website administrators would like to feature more new and historic photographs on the site. In particular, they are looking for photographs that include members, are in clear focus with uncomplicated backgrounds and have no dates visible on the photo. If you have photos to share, please email the original jpeg, not a reduced version, as an attachment to Connie Cundy or Millie Woodbury with a caption including the names of those pictured, the name of your section and the date and place of the gathering.

Board meeting scheduled for November 12

The UMWC board of directors will meet Tuesday, Nov. 12, at Becketwood, 4300 West River Parkway in Minneapolis. The meeting begins at 10 a.m., with coffee and tea available at 9:30. All club members are welcome to attend.

Doing what you have to do

When you first meet Catherine Holtzclaw, you might not immediately recognize the strength and resilience behind that friendly face. But once you know her story, it's clear that those qualities are there in abundance.

In 1978, when she was 31, Holtzclaw's 33-year-old husband was killed in a car accident. The couple was living outside of Chicago at the time, with two small children. After the initial trauma subsided, Holtzclaw realized she needed to take steps to ensure that her family would not only survive but thrive.

"I was a CPA (certified public accountant)," she says, "but decided to go back to school to get my master's degree in business taxation." She chose the University of Minnesota for a couple of reasons.

"I wanted to go to school in a metropolitan area where we could also live so the children would have permanency. And I wanted to be in the Midwest."

So the family moved to the Twin Cities, which had many advantages but also a major drawback.

"I had no family here," Holtzclaw says. "It was a tough time but you do what you have to do."

In addition to earning her degree, that meant building a business. For 35 years, she owned her own accounting firm, which she eventually sold, before starting a smaller company. This year she decided that she'd worked her last tax season.

"There are just too many things to do," she says.

Those activities include spending time with her grandchildren, who all live in the Twin Cities area and are memorialized in a lovely tattoo down her right arm. She spent time with them, for example, at the YMCA's Camp du Nord near Ely, where she served on the board of directors for six years.

In 1985, Holtzclaw met her second husband, Edward Nicholson, through an ad in the Reader newspaper, smiling as she recalls how people used to meet before social media. He owned Campus Bikes near the University of Minnesota for many years, a happy circumstance since she loves to bike. They've been married for 32 years and today face the challenges of his Parkinson's disease together.

A relatively new member of the Women's Club, Holtzclaw was encouraged to join by friends Jan House and Beth Oelke.

"One of my first activities was touring the remodeled Minnesota Capitol building with the Art group," she says. "But my main activity is hiking." She attended the Hikers overnight trip to Silver Bay in 2018 and especially likes the fact that belonging to the Hikers gets her to places she might not otherwise discover.



Catherine Holtzclaw loves to bike and is shown here with her grandson Thomas, age 4.

"I'd driven by the sign for Tettegouche State Park several times," Holtzclaw says, referring to the Silver Bay trip, "but never stopped." This time, she explored it with the group. The same is true for various locations around the metropolitan area. "I wouldn't be hiking those places if I weren't in the Hikers."

Hoping to get more involved with Around the Campus in the future, Holtzclaw also appreciates UMWC's mission to support young women with scholarships. "I do wish there were more business school students," she says with a smile, referring to the scholarship recipients.

Given her own story, preparing young women to face the challenges of the future is a mission that resonates.



An enthusiastic member of the Hikers, Holtzclaw is second from left in this photo of the group taken at Staring Lake in Eden Prairie.

Women's Club

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Send correction or new contact information by e-mail to nmyers13@hotmail.com

Or **Print** new information below.

1. Cut out or copy this form **along with the accompanying address label.**
2. Mail to Nancy Myers, 1578 Burton St.,
Falcon Heights, MN 55108

Name _____

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City, State _____

Zip _____ Phone _____

E-mail _____

Don't miss UMWC Online Extra

We are excited to let you know that we are launching a new online feature called UMWC Online Extra, where you will find additional feature articles and photos not seen in the newsletter. In this issue, we feature UMWC member Catherine Holtzclaw, who has a story about strength and resilience you won't want to miss. You will find it as an added feature to the online version of our newsletter.



Welcome new members

We are delighted to announce that 14 women have joined the University of Minnesota Women's Club over the last few months. Please welcome them and introduce yourselves when you see them at meetings.

New members include Katherine Fleming, Roxie Stangeland, Frances Van Dorn, Carrie MacNabb, Leslie Anfinson, Carol Cepress, Cate Edlund, Mary Kathleen Eggink, Lynne Ferguson, Laura Gustafson, Judie Prayfrock, Debra Que, Michelle Ulrich and Marcia Van Gorden.

We also have had some directory changes. Candace Barrick, Greta Berg, Darlene Wegner and Marri M. Oskam have new email addresses. Beverly Erickson, Janet B. Graves and Linda Riihiluoma have new phone numbers. Nancy Bennett, Linda Bingen, Dianne Potter, Bonita Prawer and Dorothy Peterson have new addresses and Mary T. Schertler's zip code has been corrected.

For new member contact information and/or changes to the directory, please contact Nancy Myers.