



# Women's Club Newsletter

University of Minnesota Women's Club • Educational, cultural, recreational, and leadership opportunities for all ages

November - December 2014

Number 263

Conversation with a Woman Leader —

## November luncheon program features NAZ president Sondra Samuels

Sondra Samuels is the president, CEO and co-founder of the Northside Achievement Zone (NAZ). Prior to leading NAZ, she was president of the PEACE Foundation, the predecessor organization of NAZ. Focused on ending multigenerational poverty through education, NAZ is working toward a single goal—to prepare 2,500 low-income North Minneapolis children to graduate from high school ready for college. Under her leadership NAZ has become a nationally recognized model for comprehensive community development and systems change.



Ms. Samuels earned a Master's of Business Administration from Atlanta University in Atlanta, Georgia, and a Bachelor of Science in Marketing from Morgan State University in Baltimore, Maryland. She spent time as a Peace Corps volunteer in Botswana. Ms. Samuels

began her career as a successful marketing representation specialist with the Ford Motor Company. She currently serves on the board of the Children's Defense Fund, and she sits on the Judicial Selection Commission for the State of Minnesota, the Leadership team of Generation Next, and the African American Leadership Forum's Education Committee.

### Meeting — At a Glance

Conversation with a Woman Leader  
Noon, Tuesday, November 11, 2014

Speaker: Sondra Samuels, founder and president of NAZ

"The Northside Achievement Zone"

#### Location

Becketwood  
4300 West River Parkway, Minneapolis

#### Parking

Limited parking is available in the south lot or along the entrance road. Carpool if possible. Becketwood office phone: 612-746-1025

#### Menu

Butternut squash soup; Turkey Fillet Mignon with duck bacon and raspberry-orange wine reduction drizzle and Craisins; Vegetable rice pilaf (broccoli, carrots, onion, finely chopped); Freshly steamed asparagus spears; Honey wheat rolls with butter; Fresh Fruit of the Forest crisp with vanilla bean ice cream  
Coffee and tea

Cost: \$16

Reservation Deadline:  
Tuesday, October 28, 2014

Please send in the reservation form you will find in the back of your 2014-15 Membership Directory along with your check, payable to UMWC.

#### Questions?

Call Rolaine Wright, 763-784-3401, or Carol Lowe, 612-869-7949

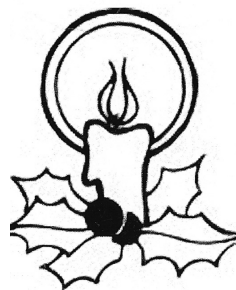
Your hostesses: members of the Program Committee

### *Holiday Tea and Hospital Benefit*

*Tuesday, December 9, 1:30 – 3 p.m.  
at Eastcliff*

*176 N. Mississippi River Blvd.  
St. Paul, Minnesota*

Begin the Holiday season with a festive tea at the home of the University President's family. Join us and our hostess, Karen Kaler, as we celebrate and gather gifts for children and other patients at the University Medical Center. Please bring unwrapped gifts or a monetary donation toward gifts for all ages. Checks for gifts should be made payable to UMWC Holiday Benefit Tea.



Please mail your reservation form from the back of your Membership Directory with a check for \$12.50, payable to UMWC, by November 25. Questions? Call Cynthia Vars, 763-785-6065; or Maggie Hoover, 651-698-4024.

## President's Message

I just returned from a wonderful, inspiring luncheon honoring the scholarship recipients, and also showcasing all the sections and their activities. It was the largest attendance ever for this event, with 145 registered to attend. It is great to have the Radisson in Roseville as a venue that can accommodate this number comfortably, along with tables for the section displays. This number included reservations for 14 students, more than half of the 26 students who are receiving scholarships.

For this, a huge shout-out of appreciation is due to Martha Arneson, our Scholarship Committee chair, and to her committee: Elizabeth Foley, Lorraine Hertz, Sandra Monson, Connie Oriani, and Joan Rathbun. Martha and committee members spend many hours selecting eligible students; then Martha invites them and assists them in attending the luncheon. This year Kathy Ball organized transportation to and from campus for the majority of students, many of whom don't have cars on campus.

The students' stories are always interesting and inspiring, often bringing tears to our eyes. I am amazed at the amount and variety of activities in which they spend time volunteering, everything from tutoring to tigers at the Minnesota zoo to locations the world over.

We are so fortunate to have the support that our honorary president, Karen Kaler, gives to our club. She was inspiring in her message to the students present, praising and supporting them for all they are doing. She told them to look around at all the women in the room, and remember, during hard times especially, that we were all pulling for them. "These women have 'got your back,'" she said.

Ms. Kaler related how, recently, she has crossed paths with two University grads and former recipients of UMWC scholarships. The first she learned about while visiting with a business executive in Norway who mentioned interviewing our scholar for a position. Pleased to hear that she had recounted meeting our honorary president at the scholarship luncheon, Karen was even more pleased to learn that she had just been hired by the Norwegian firm.

The second came about as a contact by the Foundation. One of our scholars, 30 years ago, dreamed of becoming a doctor. Today she is a neonatologist in the neonatal unit at the University hospital where Ms. Kaler volunteers each week. We are happy to say that Dr. Cheryl Gale will be assisting us with our fund-raising appeal this fall. Noting that the reach of our scholarships is large, Ms. Kaler kicked off our fall fund-raising appeal by presenting a donation check to Marian Champlin, fund-raising chair.

I also want to extend a big thank-you to Carol Lowe and her committee members. Table decorations were lovely, food and service were great, all arrangements impeccable.

Ruth Jones unveiled our new membership brochures, and especially our new wallet cards, sized for ease of carrying in our purses. Use the blank back side to write your name and phone number for new prospects you meet. Thirteen new members attended the luncheon, the newest was probably the guest of Honorary President Karen Kaler—Pam Devine, wife of Regent Thomas Devine. You may meet her at an upcoming hiking event.

On a somber note, we were saddened this week to learn of the passing of long-time member and staunch scholarship supporter, Erna Bachtold. She will be missed.

This is a reminder to send in your reservations, in the back of your Directory, for both the luncheon in November and also for the Annual Holiday Tea and Hospital Benefit.

The annual holiday tea, hosted by Honorary President Karen Kaler at Eastcliff, is always a very special event, a highlight of our winter holiday season. Eastcliff is beautifully decorated, and it is a chance to visit with many other members and guests. At this event we collect gifts and cash to benefit hospital patients at the University Medical Center over the holidays. If you plan to donate, remember to bring it with you to the tea.

Many warm regards—see you in November,  
— Catherine Bell, President

## Next Board meeting, November 11

(Note the date is the 2nd Tuesday) The Board will meet at Becketwood in the Windsor Room at 10 a.m. Coffee and tea will be provided, but no treats as there is a luncheon that day. All officers and section chairs are expected to attend and provide reports of their current activities. Please e-mail those reports to the secretary prior to the meeting. Also remember to send in your luncheon reservations by the deadline Tuesday, October 28, and please carpool if possible.

## Membership dues are due...

The new 2014–2015 membership year began in July and over the summer, the Membership Directories were mailed to all members of record. If you haven't already done so, this is a reminder to pay your annual UMWC dues. Fill in the yellow form from the front of your Directory and send it, along with your check, payable to UMWC to Sheau-Ping Hu, UMWC Records and Dues, at 1810 Howell St. N., Falcon Heights, MN 55113.

## Meet our new treasurer: Pat Luhmann

Pat joined UMWC in 2013, after retiring from a 34-year career with St. Paul Companies/Travelers, primarily in finance and related management reporting areas. She grew up in St. Cloud, Minnesota. She graduated from St. Cloud University with a business degree and subsequently earned her MBA with an emphasis in finance from University of St. Thomas.



Pat is active with traveling, volunteering, and enjoying most outdoor activities, such as hiking, biking, cross country skiing, among others. Currently she participates in UMWC sections for Hikers, Nature, International/Communities Concerns, and Women's Health Issues.

She and her husband Dwight celebrated their 20th anniversary this fall in Italy.

Although she has only been with the UMWC for a year, Pat graciously accepted the position of club treasurer this year. Please say "Hi!" (and thank you) to Pat when you see her at sectional activities or luncheons.

— Jocelyn Kuo

## Board ponders the wisdom of continuing Associate Memberships in UMWC

There has been some discussion lately among the leadership concerning eliminating the designation of "Associate Member" for our membership. Some have pointed out that for every member the same basic cost of membership applies. All receive newsletters and Directory, the largest membership cost the club has. And this cost keeps rising.

Associate members in theory do not participate in section activities, although occasionally this happens. Sections handle their own expenses through their dues, so joining as an associate member does not save the club any section costs.

This is a bylaws issue. The way to change the designation will be through a change in the bylaws. A bylaws committee will be looking at all aspects of that governing document this year. If you would like to have input on this discussion, you are welcome to contact Jane Starr, Bylaws Committee chair.

Bylaws are changed by a majority vote of the membership attending the announced meeting for this purpose, (except for associate members, who do not have voting privileges). Additionally, if there is an attorney who is a member of the UMWC who would be willing to look at the changes proposed, we would appreciate your help. Please contact me or Jane Starr. Thank you.

— Catherine Bell, President

## Interest Sections News

Note: Only changes or additions to Directory information are printed in the Newsletter. Please see your Directory for information about all 18 interest sections, their programs, times, and locations.

**Antiques and Historic Places**— "500+ Clocks," Oct. 23: A short feature on Kare 11 led to this opportunity for a rare tour of a man's collection of cuckoo clocks and how he has restored many through the years. Lunch at a nearby restaurant. Free street parking. All invited. Please call the coordinator listed in the Directory. No meeting in November.

**Around the Campus**— Oct. 22: Ted Mann Concert Hall tour and music concert. (Symphonic Band practice performance for the evening's American Master Series concert). Please call coordinator listed in the Directory.

Nov. 19 (Note date change): Back by popular request, Sherlock Holmes, a world famous collection, and tour of the U Archives. Call coordinator to reserve!

For campus venues, many members are finding how easy it is to park free and take the Intercampus Bus (free) or LRT.

**Drama Section**—Note date and venue change. Meet at Abby Marier's home, 2158 Commonwealth Ave., St. Paul, October 28. We will read *The Chinese Restaurant Syndrome*.

**International Affairs/Community Concerns**—Date change. Meets Friday, Nov. 7, with speaker David Paxson. Topic is World Population Balance.

**Nature**—You are invited to join us at the National Weather Center in Chanhassen where our speaker will tell us how they predict the weather. We meet at 10:15 on the 4th Monday each month.

**Non-Fiction Book Section**—(Date change) Nov. 4. Please join us at Becketwood on at 1 p.m. to discuss *Unbroken* by Laura Hillenbrand. Let's review this popular book before the movie comes out.

**Women's Health Issues** — Nov. 7 at 10 a.m. at Elizabeth Harper's residence Community Room, 2680 Oxford St. N., Roseville. Podiatrist Dr. Michael Joyce on "Foot Care As We Age." Changes in our feet are a frequent cause of pain and a deterrent to getting the exercise we need. You are welcome to join us.

Visit the UMWC website at [www.umwc.umn.edu](http://www.umwc.umn.edu) for updated information on the Women's Club and Interest Section activities. Send in your Section information and photos to Pam Rose, [rosex061@umn.edu](mailto:rosex061@umn.edu).

## Twenty-six U of M women receive UMWC scholarships, generous gift adds \$10,000 to funding

UMWC scholarships are given to sophomore, junior, and senior female students in financial need, as determined by the U of M Financial Aid staff. Other criteria must also be met: Minnesota resident, full-time Twin Cities campus student, and GPA of 3.2 or higher.

Eligible applications were sent to me this summer for review by the Scholarship Committee. We feel deeply the responsibility given to us for this selection process, and we are involved because we strongly support our club's philanthropic mission: to provide scholarships to female students.

The UMWC can be very proud that 26 students this year are benefiting from one of our \$2,500 scholarships. Our members' continued commitment and investment in a student's education does make a big difference in that student's life, and the recipients are most grateful.

One UMWC member feels this commitment so strongly that in September she gave a \$10,000 donation to the U of M Foundation, stipulating that this money be used for UMWC scholarships this year. This meant that four additional \$2,500 scholarships could be awarded this year. Because she wishes this gift to be given anonymously, we cannot thank her directly, but I want her to know how thrilled and appreciative these four women were when I notified them of their awards. This kind and thoughtful act is much appreciated by all UMWC members as well.

After sending congratulatory e-mails and personalized letters to the student recipients, I received many heartfelt responses. To name a few: "I cried," "I'm honored and ecstatic," "I'm so thankful you put your trust in me and want to help me reach my goals and dreams," "This gift communicates a strong 'YES' that someone believes in me. It is a seed of encouragement at a critical time on my journey," and "I promise to work hard so one day I, too, can give back to future students."

While these and other responses were being sent to me, Nate Rosckes from the University's Financial Aid office had already deposited half of the award in each student's accounts (1/2 per semester). After the Scholarship Committee had selected candidates, I assigned a specific scholarship to each student so Nate would know from which fund to use—the UMWC scholarship account or one of the five funds the U of M Foundation manages for us.

Giving college scholarships every year to students in need is immensely rewarding. Knowing that we were able to make awards to 26 students, many of whom have very little or no family financial assistance, is heartwarming. The students know that we sincerely want to make their dreams become reality. I hope that you, too, feel a tinge of pride. Your continued contributions, big or small, make an important impact on a student's life.

—Martha Arneson, chair, UMWC Scholarship Committee

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## Scholarship recipients' life stories and ambitious goals inspire and impress at UMWC luncheon meeting



Above: Scholarship Committee Chair Martha Arneson (far right) greeted the first arrivals at the scholarship luncheon October 7.



Left: Thanking the club for her scholarship, Glydel Ann Lopez, a sophomore studying cell biology with dreams of medical school, told the women why their generosity means so much to her. Tearfully, she said, "My parents gave up everything they had in the Philippines to come to America so that their children could find success. This will help me do that."



Above: Joan Rathbun, member of the Scholarship Committee, chats with several young scholars. During lunch, members of the Scholarship Committee and long-time supporters of the club's efforts take the opportunity to get acquainted and convey to the young women that we are proud of their efforts and wish to offer moral as well as financial support.

## UMWC Scholarship Recipients 2014-2015

The following list names the young women, notes their year in school, their major study, and the source of funds.

|                                   |   |                                    |
|-----------------------------------|---|------------------------------------|
| Mara Ackerman, Sr. ....           | Health, Outdoor Recreation & Education..... | UMF/UMWC                           |
| Mayar Arafa, Jr. ....             | Computer Engineering.....                   | UMWC                               |
| Mykella Auld, Jr. ....            | Sociology.....                              | Stephanie Boddy (UMF)              |
| Karimatou Bah, Soph. ....         | Biochemistry.....                           | UMF/UMWC-Student Section           |
| Elizabeth Bischoff, Jr. ....      | Apparel Design.....                         | UMF-Special Donation 9/2014        |
| Hannah Chau, Jr. ....             | Nursing.....                                | Medical Auxiliary (UMF)            |
| Marie Colangelo, Jr. ....         | Nursing.....                                | Boddy (UMF)                        |
| Amanda Cook, Jr. ....             | Physics.....                                | Boddy (UMF)                        |
| Alyson Farley, Soph. ....         | Biology.....                                | UMWC                               |
| Madeline Grunklee, Soph. ....     | Fisheries & Wildlife.....                   | Boddy (UMF)                        |
| Lena Gvozdetzka, Sr. ....         | Dietetics.....                              | UMWC                               |
| Emily Jones, Sr. ....             | Nursing.....                                | Medical Auxiliary (UMF)            |
| Erika Johnsrud, Sr. ....          | Spanish & Art.....                          | UMWC– in memory of Marjorie DeBoer |
| Lydia Kotvchevar, Jr. ....        | Nursing.....                                | UMF/UMWC-Student Section           |
| Kristine Kretman, Soph. ....      | Biology.....                                | Boddy (UMF)                        |
| Anna Kytonen-Coffman, Soph. ....  | Kinesiology.....                            | UMF-Special Donation 9/2014        |
| Glydel Ann Lopez, Soph. ....      | Genetics, Cell Biology.....                 | UMF-Special Donation 9/2014        |
| Mary McJilton, Jr. ....           | Global Studies.....                         | Boddy (UMF)                        |
| Rachael Moniz, Soph. ....         | Clinical Lab Sciences.....                  | Doeden (UMF)                       |
| Kaylee Murray, Soph. ....         | Undecided.....                              | UMF-Special Donation 9/2014        |
| Vera Novitskaia, Sr. ....         | Computer Science.....                       | Boddy (UMF)                        |
| Priscila Odame, Soph. ....        | Kinesiology or Biology.....                 | UMF/UMWC                           |
| Daniela Prigozhina, Jr. ....      | Economics & Political Science.....          | Boddy (UMF)                        |
| Stefani Prigozhina, Jr. ....      | Chemical Engineering.....                   | Shepherd (UMF)                     |
| Shaili Zappa-Monterroso, Sr. .... | Psychology.....                             | Boddy (UMF)                        |
| Shiyi Zhang, Soph. ....           | Nutrition.....                              | UMF/UMWC – Caldwell                |

## Memorial Gifts to the Scholarship Fund

The following gifts have been made in memory of a friend or loved one within the past few months.

| <b>In Memory of:</b>    | <b>From:</b>   |
|-------------------------|--|
| Lynn Webster Allen..... | Kathleen Cleary  |
| Robert Banks .....      | Modern Literature  |
| Jack Bell .....         | Catherine Bell   |
| Marjorie DeBoer .....   | Dorothy Peterson   |
| Keith McFarland .....   | Mary Ellen McFarland   |
| Shirley Moore .....     | Helen Carlson  |
| Kate Peppler .....      | Frances Paulu  |
| Susan Reader.....       | Carol Cantrell   |
| Bill Rathbun .....      | Joan Rathbun   |
| Anne Wise .....         | Jan Anderson,<br>Mary Abuan,<br>Elsa Carpenter,<br>Susan Fuller,<br>Frances Paulu,<br>Kathi Treston,<br>Marjorie Weseman |

It is a lovely gesture to make a gift to the UMWC Scholarship Fund/Memorial in memory or in honor of a friend or relative. The club will notify the family or individual of your thoughtful generosity.

If you would like to make such a gift, mail your check, payable to UMWC Scholarship/Memorial Fund, along with your wishes for acknowledgments to UMWC Treasurer Pat Luhmann, 525 Eastwood Court, Eagan, MN 55123

### Annual appeal for contributions to the scholarship fund begins in November

In November you will receive a Scholarship Fund appeal letter from the UMWC. Making scholarships available to U of M women in need of financial assistance is a marvelous club commitment. Please begin to think about how you want to support our club's effort on behalf of more deserving young women.

— Marian Champlin, chair, Fundraising Committee

# Women's Club Newsletter

University Gateway • McNamara Alumni Center  
 200 Oak Street SE, Suite 250  
 Minneapolis, MN 55455

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**Have you changed your address, e-mail, or phone?  
 Please tell us:**  
 Send corrections or new contact information by e-mail  
 to: sheaupinghu@comcast.net.

Or **Print** new information below.

1. Cut out or copy this form **along with the accompanying address label.**
2. Mail to Sheau-Ping Hu, 1810 Howell St. N.,  
 Falcon Heights, MN 55113

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City, State \_\_\_\_\_  
 Zip \_\_\_\_\_ Phone \_\_\_\_\_  
 E-mail \_\_\_\_\_

## Welcome to new members of UMWC

Six new members have joined us recently. Please add names and contact information to your Directory. Greet them at luncheon meetings and introduce them to other members.

- Cantele, Audrey.....651-330-0716  
 578 Prairie Circle E, Eagan, MN 55123  
 acantele@comcast.net
- House, Janelle.....651-636-0372  
 1895 Gluek Lane, Roseville, MN 55113  
 house001@umn.edu
- Karner, Cindy.....763-208-7260  
 13587 70th Ave N, Maple Grove, MN 55311  
 cdkarner@yahoo.com
- Leonard, Margaret .....952-941-2088  
 7480 Cahill Rd, Edina, MN 55439  
 Rleon6553@yahoo.com
- Munnings, Frances .....612-920-1104  
 5336 Zenith Ave. S., Minneapolis, MN 55410  
 FMunnings@aol.com
- Weissberg, Jean M. ....480-794-0660  
 5800 St. Croix Ave. N. #207, Golden Valley, MN 55422  
 alnjean2227@msn.com

\*\*Spelling correction from last newsletter  
 Dollie Crowther, new member, who joined in spring

## Directory changes and corrections

Keep your directory up to date. Make these corrections and changes and your communications will go more smoothly.

Corbett, Betsy E. .... evelenac@yahoo.com  
 4035 Victoria St N #305, Shoreview, MN 55126

### New email addresses:

- Daniels, Margie..... rwdmrd73@comcast.net  
 Hoover, Maggie ..... maggiecharlie@centurylink.net  
 Lee, Nancy Ann ..... nansee@iphouse.com  
 Marten, Lynette ..... marte005@umn.edu  
 Peterson, Shirley ..... shirleypetersonmn@gmail.com  
 Rusterholz, Lesley ..... lesleyrusterholz@yahoo.com  
 Thompson, Connie ..... conniet500@comcast.net  
 Veninga, Karen ..... kaveninga@gmail.com  
 Westley, Joanne ..... jjmcww@yahoo.com

### Phone number changes or corrections

- Daughton, Elizabeth .....612-214-1465  
 Sweet, Arlene.....651-636-6131

**Deadline for next Newsletter: December 10, 2014**

Please submit articles in typed or electronic format.  
 Send to Catherine Bell, UMWC President, by mail:  
 1480 Applewood Ct. W. #106, Roseville, MN 55113  
 Or by email: catherine.bellx5@gmail.com